

Biographies



GUY GLADSTONE is a humanistic psychology practitioner who has been working for 30 years with ongoing and weekend groups at The Open Centre, the long-established independent personal growth centre. He is accredited as a groupwork and bodywork practitioner by UKAHP and is a graduate of three trainings: The Institute for the Development of Human Potential (2 years), The Institute of Psychotherapy and Social Studies (3 years) and the British Association of Analytical Body Psychotherapy (5 years).



AMADIS CAMELL started his journey of personal and spiritual growth and professional trainings in 1975. He has trained in several modes of healing, psychology and spirituality, and has researched various inter-related philosophies and practices. These have been combined into an integral psychological and spiritual system: Core Realisation. The main elements are Human Potential modalities, Oriental Medicine, Qigong and transpersonal approaches.



RICHARD LAWTON has trained in a number of bodymind modalities, including process-oriented Deep Bodywork, Postural Integration and Somatic Trauma Therapy. He also has extensive experience of transpersonal practices, and blends this eclectic mix in Bodymind Integration. With additional skills in websites and design, he guides the launch of HA2.

Location

The Open Centre
188 Old Street, London EC1V 9FR

A two-minute walk from Old Street tube station.

Contact

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For the full picture, visit our website:

www.humanisticalchemy.co.uk

Personal development for the future

Humanistic Alchemy brings together some of the most cutting-edge and progressive methods and perspectives for personal and communal development, all sharing the humanistic attitudes of being open-minded and open-hearted. It embraces all that collectively promotes growth, exploration and psychological healing in a free and enquiring way.

This is a post-modern interpretation of the traditional alchemical project, based on prevailing transformational paradigms and grounded in humanistic activities. Within a structure that holds the ongoing process of participants, it integrates four strands of the Human Potential Movement: Bodymind, Expressive Arts, Ecosocial and Transpersonal. Through this it provides a crucible for psychological and social healing, authentic spirituality and reconnection with our bodies and the natural world.

HA explicitly rejects the ethos of a mainstream where psychotherapy and counselling have become extensions of the medical model and/or the parasitic business-as-usual model of the corporate mall. The course will take participants to an edge where they will see a place, a vista, that neither the conventional psy-field trainings, nor New Age spiritualities, nor mainstream society itself can reveal.

This is work on the wild side. It is anticipated that participants will be sufficiently intoxicated by this two-year experience that they simply cannot stand the idea of returning to a state of alienation; they will feel compelled to find their own way to reproduce the states and spaces of enhanced intimacy, creativity and commitment accessed through HA. The multi-modal experiencing within a stable ongoing course group is designed to engender new ways of working, new combinations of your existing and yet-to-be developed skills; to provide a forum where you can explore your being from a multitude of perspectives in order to find your own unique destination.

The course ends with a self and peer assessment process. On completion of the course we expect a flourishing community committed to making a difference. HA participants will be supported in their ongoing trajectory through membership of AHA (Associates of Humanistic Alchemy).

A New Course For Authentic Living

EXPRESSIVE ARTS ECOSOCIAL BODYMIND TRANSPERSONAL HUMANISTIC ALCHEMY



Coordinated by Amadis Cammell,
Richard Lawton and Guy Gladstone

Humanistic Alchemy is a response to the needs of the times, aimed at individuals already on a path of self-discovery. Through a developing group of sixteen participants, it provides a community for psychological healing and inner transformation and enables a capacity to facilitate others.

It is a unique proposition at a time when personal development options are increasingly in hock to the market. This course is not about becoming an expert with a cultivated self-image. It is about facilitating a synergy for discerning autonomous individuals.

Applications now open for January 2014

www.humanisticalchemy.co.uk

HA COURSE PROSPECTUS



OVERVIEW

Humanistic Alchemy is a new course for authentic living. It offers a unique combination of elements from four strands of the Human Potential Movement - bodymind, transpersonal, expressive arts & ecosocial - fused into an integrated programme for transformation, healing and self-actualisation.

It consists of 35 workshops during 21 weekends over 2 years, including a week-long rural residential. It has been developed for those who have either already begun or are keen to embark on a trajectory of self-directed learning, in the company of like-minded spirits. It is ideal for those who are looking to simultaneously develop personally, creatively, spiritually and professionally.

EXPRESSIVE ARTS

These activities take many varied forms due to our capacity for creative and artistic interpretations of the human condition. This is also where we can relax, interact, play and enjoy manifold expressions. Healing and transformation come in ways hitherto unknown and unforeseen.

AUTHENTIC MOVEMENT – Guy Gladstone PLAYBACK THEATRE – Veronica Needa WRITING THE SELF – Rosie Jackson
DANCE MOVEMENT – Tim Brown FIVE RHYTHMS – Emma Leech PSYCHODRAMA - Guy Gladstone SELBSTDARSTELLUNG – Guy Gladstone
VOICEWORK - Melanie Harold BIODANZA - Patricia Martello

ECOSOCIAL

These workshops introduce cutting edge perspectives and pathways to commitment in our relationship to our environment. The natural and social environment has a marked effect upon our psyche, both consciously and unconsciously, yet is often ignored or scarcely addressed in mainstream psychology.

ART, MARKS & MARX - Kevin Jones COUNCIL OF ALL BEINGS - Pat Fleming FIVE ELEMENT DAO QIGONG - Amadis Cammell
NVC and RADICAL PSYCHOLOGY - Maria Arpa THE RAINBOW OF DESIRE - Guy Gladstone SOCIAL EMBODIMENT - Sarah Lloyd
THE WORK THAT RECONNECTS - Jenny Mackewn TRANSITION TOWNS - Anna McIvor CO-COUNSELLING - Celia Wilson

BODYMIND

These modalities all work directly with the reality of the body; its life-force, attitude, sensations and emotions. Long-forgotten feelings and unmet needs repressed deep in our body are accessed, processed and integrated. The animal within, demonised for centuries, is given its rightful place so that our passage through life becomes more congruent with our evolutionary heritage.

BIOENERGETICS – Guy Gladstone BODYWORK IN WATER – Guy Gladstone CORE REALISATION (SOMATICS and DYNAMICS) – Amadis Cammell
NEO-REICHIAN BODYWORK – Richard Lawton ENCOUNTER WITH SELF & OTHER – Jill Hall RADIX – Michael Gavin PULSING – Richard Lawton
REGRESSION AND INTEGRATION – Jenny Nicholson

TRANSPERSONAL

These practices connect us to and embody states of being beneath and beyond the personal; the matrix and the canopy. Both traditional and contemporary interpretations of spirituality and essence are explored. A space is fostered for enquiry into the meaning, purpose and significance of our human existence.

ENLIGHTENMENT INTENSIVE – David Lawrenson HEART of BEING - Amadis Cammell DIAMOND ALCHEMY – Amadis Cammell
MEDICINE WHEEL – Chris Lüttichau TANTRA – Martin Jelfs VISION QUEST – Jerry Hyde

Comments from participants

"It's fun, eclectically profound and much in tune with the Zeitgeist. Go for it!"

"A refreshing mind-expansive experience"

"I found that I became ignited and much more passionately involved in the work I do."

"The variety of what is offered and the skill and humanity of the practitioners is different to any other groups in which I have participated".

"Humanistic Alchemy for me is the PhD of life!"

"If personal development excites you and you want to take it to the edge, this is the course for you."

"I can't recommend it highly enough"